



**You are invited to join us for Minnedosa's 2nd annual
Floras Walk for Maternal Mental Health**

(In association with the Canadian Perinatal Mental Health Collaborative).

Bring your friends, family and little ones!

When: May 4th, 9:30-11:30am

Where: Minnedosa Beach (by the boat launch)

What: Walk (stroller friendly, 40mins)

Raffles, Refreshments

Scan the code to learn more/donate



75% of funds raised will stay in Westman to help your hosts offer free and low cost services to new & expecting parents, including individual therapy and support groups, ensuring support is accessible to all.

